Community Resource Phone List *Call 911 or go to ER if emergency*

EMERGENCY NUMBER	5	MENTAL HEALTH/COUNS	FLING
Police, Fire Ambulance	911	Catholic Social Services	887-8580
General Information/Human service non-		Central Diagnostic and Referral Service	337-7209
emergencies	1-866-561-2500 (cell)	Child and Family Services	
Child & Adult Protective Services	855-444-3911	Lansing School District Adult Education	882-4000
CMH Emergency Services	1-800-372-8460	LCC Women's Resource Center	755-4040
Listening Ear Crisis Center		LCC High School Diploma Completion Ir	483-1199
McLaren Greater Lansing Emergency Room	975-7500	Gateway Community Services	483-9707
Red Cross	484-7461	Ingham Counseling Center	351-4000
Sparrow Hospital Emergency Room	364-1000	Listening Ear	393-4030
HOUSING ASSISTANCE	304 1000	Women's Center of Greater Lans.	337-1717
Allen Neighborhood Center		Community Mental Health	372-9163
Capital Area Community Services	393-7077		346-8318
Greater Lansing Housing Coalition	372-5980		
Habitat for Humanity		Cristo Rey	
Ingham County DHS		Medicaid (DHS)	372-4700
	007-9400		887-9400
Lansing Housing Commission	487-6550	Meijer Pharmacy (prescription	Call Local Store
MSU Law Clinic	336-8088	assistance, free prenatals)	
Tenants Resource Center	330-8088		887-4451
(landlord/tenant counseling	337-9795	Physicians Health Plan (current	349-8673
		members only)	
Salvation Army	484-4424	Red Cross	484-7461
Section 8 Housing:	487-6550	Salvation Army	484-4424
Lansing Housing Commission	487-0550		
St. Vincent Catholic Charities	323-4734		
SHELTERS		PREGNANCY/INFANT/CHILD	ERVICES
Loaves and Fishes	482-2099	Capital Area Community Services	
City Rescue Mission (men)		(Head Start)	482-1504
Eve's House (domestic violence)		Early On (Ingham County)	244-4514
Gateway/Crossroads Teen Shelter	351-4000	Family Growth Center (respite childcar	371-1347
Hannah's House (pregnant women)	482-5856	Great Start Play Groups	244-1267
Haven House (families)		ICHD Home visiting services	887-4322
Maplewood (women and children)		Pregnancy Services	332-0633
Open Door Ministry (day shelter)		Shared Pregnancy	484-1882
RAVE (Relief After Violent Encounters)			404-1002
Clinton County	989-224-7283	Planned Parenthood	351-0550
SIREN House (Domestic Violence)	543-4915	Willow Health Center, ICHD	702:3500
VOA/New Hope Center (day shelter)	489-5296	River Oak (family health)	244.0050
Victory Center (families)		Women's Health Services, ICHD	244-8060
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MEDICAL CARE		Cedar Pediatrics	887-4326
Care Free Medical Lansing	887-6584	ecdai rediatries	887-4305
Cristo Rey Health Center	371-1700		
His Healing Hands	372-4701		
Forest Community Health Center	372-4701		
Marketplace Health Insurance	372-4703		
Sparrow Hospital Pediatrics	372-4703		
Lions Club	371-3132		
Vision USA	1-800-766-4466	F10	
SUBSTANCE USE	1-000-700-4466		
Alcoholics Anonymous	277 4 4 4 4	'	
Narcotics Anonymous	377-1444		
National Council on Alcoholism	483-9101		
Community Mental Health	887-0226		
	346-8318		
Cristo Rey	372-4700		

Community Resource Phone List *Call 911 or go to ER if emergency*

EDUCATION		UTILITIES ASSISTANCE /FREE	CELL PHONE
Capital Area Literacy Coalition		Assurance (free phone)	1-888-898-4888
Eagle Vision Ministries		Capitol Area Community Services	393-7077
Davenport College		DHS-Emergency Needs	887-9400
Ross Medical Education Center		Lifeline Telephone Assistance Plan	1-800-621-8650
Waverly Community Education		Safelink (free phone)	1-800-723-5465
Haslett Community Education	339-2665	Salvation Army	484-4424
Ingham Intermediate School Dist.	676-1051		
Lansing Computer Institute	333-9363	St. Vincent de Paul (if denied by DHS)	404 400
Head Start	1-800-585-9997	St. Vincent de Paul (il denied by DHS)	484-4228
	74		
EMPLOYMENT		TRANSPORTATION	
Michigan Rehabilitation Services	1-800-605-6722	CATA	391-1000
Michigan Works	1-800-285-9675	CATA Rural Services	1-800-322-1390
Neighborhood Youth Corps	487-8893	Lansing Area Safety Council	
Traighteathead today corps	487-8893	(temporary car seat rentals)	394-4614
Peckham Vocational Industries	202.4000	McLaren members (Appointments	
reckilani vocational illuustries	306-4000	only)	1-888-327-0671
		Physicians Health Plan members	······································
Women's Center of Greater Lansing	372-9163	(Appointments only)	349-8673
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LEGAL		Spartan Yellow Cab	484-1444
Legal Aid	485-5411	Spec-Tran Services	394-6230
MSU Legal Clinic	336-8088	1	334-0230
			·········
CLOTHING			
Christian Services	394-5411	OTHER IMPORTANT NUI	ADEDC
City Rescue		My child's doctor	AIDENO
Hope Closet (size 18 and up)		My doctor	
Pregnancy Services		My home visitor	
St. Vincent de Paul	323-4734	IVIY Horne visitor	
Seventh Day Adventist			
VOA	Referrals Only		
Women's Center of Greater Lansing	484-4414		
HOUSEHOLD/PERSONAL NEED	372-9163		
Christian Services			
	394-5411		
MSU Surplus Store	355-0364		
Salvation Army	484-4424		
Seventh Day Adventist Outreach	321-8238		
St. Vincent de Paul (referrals only)	484-5395		
Volunteers of America (VoA)	484-4414		
Helping Hands and Hearts of MI	528-3155		-
FOOD			
Capital Area Community Services	393-7077		
Commodity Food Program		,	
Expanded Food and Nutrition Education	007 /500		
Program (MSUE)	887-4588 		
Greater Lansing Food Bank (area specific)	211 (landline)		
	1-866-561-2500 (cell)		
Salvation Army (Wednesdays at 1pm)	484-4424		
Volunteers of America (M-F at 7am,			
11:30am, 4:30pm & Sat/Sun at 8am,	484-4414		
4:30pm)			
WIC (Women, Infants, Children)	887-4326		
CACS TEFAP quarterly foods	393-7077		•
DHS/SNAP	887-9400		