



Enroll for a one-time 2-hour Quit-Tobacco Workshop

Tuesday from 5pm-7pm

March 7th, April 4th

@ Forest Community Health Center

S Cedar, Lansing MI 48910

Board Rm

OR

Thursday from 11:30am – 1:30pm

February 23rd & March 23rd

@ Lansing Area AIDS Network (LAAN)

913 W Holmes Rd Lansing, MI 48910

Building A

A light meal will be provided. Please let us know if you will be attending by calling Ingham County Health Department, Registration and Enrollment 517-887-4306 REGISTER at www.eventbrite.com SEARCH Quit Tobacco Workshop



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