



**Ingham County  
Health Department  
517-887-4322**



## **The Maternal Infant Health Program (MIHP)** *Information for Pregnant Families and Parents of Infants*

### ***What is the MIHP?***

- MIHP is a Home Visiting program for pregnant women and infants with Medicaid insurance.
- MIHP supports healthy pregnancies, and healthy babies.



### ***What are the benefits of MIHP?***

- Babies born to moms in MIHP are healthier
- Families in MIHP learn how their babies are growing
- Moms get help with breastfeeding

### ***What do women think about MIHP?***

- I learned “what to expect when I was pregnant.”
- “. . . it was great having someone here to answer my questions.”
- I learned “about infant development. They spent more time with me explaining things than the doctor did.”
- “They gave me all the info I needed to be a good mom.”
- “I liked that they offer the convenience of coming to my home. I didn’t have to take the children out.”
- “The home visits when I was pregnant and couldn’t drive were the best.”

### ***How does MIHP help pregnant mothers and their babies?***

Pregnant women in MIHP will get help with access to transportation, WIC, and childbirth or parent education classes. Women will also get home visits from a health care professional (like a nurse or social worker). The health care professional will:

- Help with prenatal care
- Answer questions about being pregnant and labor and delivery
- Answer questions about caring for your baby
- Help with getting food or a place to live
- Help you learn about buying, fixing and eating healthy foods
- Help with health problems that could affect your pregnancy, like diabetes, asthma, high blood pressure, depression or anxiety
- Help with changes that you decide to make to be healthy, such as quitting or cutting down on smoking, alcohol or drugs
- Help if you're concerned about abuse or violence in your life
- Answer questions about family planning (birth control)
- Connect you with community services, like childbirth education classes, baby pantries that give out baby items for free, the WIC food program, or heat and electricity



***For more information about MIHP, visit the following web page:***

***[www.michigan.gov/mihp](http://www.michigan.gov/mihp)***

***Questions about Medicaid? Visit the following web page:***

***[www.michigan.gov/medicaid](http://www.michigan.gov/medicaid) or Call 1-800-642-3195***

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