

Isolation Quarantine

WHO?

People who are sick or tested positive.

WHAT?

Stay home and keep distance from others.

FOR HOW LONG?

- 10 days since symptoms first appeared, AND
- 24 hours with no fever (without fever-reducing medication) AND
- Other symptoms have improved.

WHAT IS A CLOSE CONTACT?

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period. The close contact can occur anytime during the sick person's isolation or two days before the person got sick.

WHAT IS A HOUSEHOLD CLOSE CONTACT?

A close contact that lives with a COVID-19 case in a shared dwelling with common kitchen or bathroom facilities. In dwellings with shared kitchen or bathroom facilities occupied by 20 or more unrelated persons, households are defined by individuals who share a bedroom.

WHO?

People who are not sick but were close contacts of someone who is sick/

WHAT?

Stay home and keep distance from others.

FOR HOW LONG?

If unvaccinated, quarantine is for 10 days since close contact. Testing is recommended.

If fully vaccinated, and have a known exposure to someone with suspected or confirmed COVID-19, you do not need to quarantine if following testing and masking recommendations:

- Tested 3-5 days after known exposure.
- Wear a mask in public indoor settings until you receive a negative test result or for 14 days if they do not get tested.

See the next page for "**Household close contact guidance**" for unvaccinated and vaccinated individuals.



Household close contact guidance

Individuals who are **unvaccinated or not fully vaccinated** and have ongoing exposure to a positive COVID-19 individual should:

- Get tested immediately.
- Begin quarantine immediately and continue to quarantine throughout the isolation period of the person with COVID-19 and continue to quarantine for an additional 10 days after the end of isolation for the person with COVID-19.
 - If multiple people in your household are COVID-19+, quarantine starts after the end of the end of isolation date for the most recently infected member of the household.
- Get tested again 5-7 days after the end of isolation of the infected household member.
 - If multiple people in your household are COVID-19 positive, get tested 5-7 days after the end of isolation for the most recently infected member of the household.
- Wear a mask when in contact with the person with COVID-19 throughout the person's isolation period.
- Wear a mask when in contact with other people in the home until quarantine ends.
- Isolate immediately if they develop symptoms of COVID-19 or test positive.

Individuals who are **fully vaccinated** and have ongoing exposure to a positive COVID-19 individual should:

- Get tested 5-7 days after their first exposure.
- Get tested again 5-7 days after the end of the isolation for the person with COVID-19.
 - If multiple people in your household are COVID-19 positive, get tested 5-7 days after the end of isolation for the most recently infected member of the household.
- Wear a mask when in contact with the person with COVID-19 throughout the person's isolation period.
- Wear a mask indoors in public until 14 days after the infected person's isolation period ends or until the fully vaccinated close contact receives their final test result.
- Isolate immediately if they develop symptoms of COVID-19 or test positive.