COVID-19 Vaccine

Vaccines can stop coronavirus disease 2019 (COVID-19). All of the available vaccines prevent most people from getting sick with COVID-19 and all are highly effective in preventing hospitalizations and deaths. Everyone is encouraged to get vaccinated as soon as the vaccine is available to them. Getting the vaccine can keep you healthy and stop the pandemic.

The vaccine is currently available to people age 12 and older.

Many providers are offering the COVID-19 vaccine. Here is a partial list of places to contact:

- Ingham County Health Department:
  Call 517-887-4623 or sign up at:

- Sparrow Health System:
  Call 877-205-1300 or sign up at www.sparrow.org/vaccine

- McLaren Health System:
  www.mclaren.org/main/coronavirus-vaccine

- Ingham Community Health Centers
  Call (517) 887-4302

There could be minor side effects for a day or so.

Vaccines cause your immune system to respond. This can cause some flu-like symptoms. This includes a low-grade fever, headache or just feeling a bit tired. Your arm may also be sore from the shot.

It was developed quickly and safely.

Scientists have been working with other coronaviruses for many years and used that work as a starting point. No steps were skipped, but the timeline was shortened. Like other vaccines, the COVID-19 vaccine went through three clinical trials. Vaccine manufacturers began making the vaccine prior to authorization so it would be ready to ship as soon as it received an Emergency Use Authorization (EUA). Manufacturers will work to complete typical licensure.

The vaccine cannot give you COVID-19.

The vaccine teaches your body to recognize the virus that causes COVID-19. The body then creates antibodies to fight COVID-19 if you are exposed. The whole COVID-19 virus is not in the shot.

You still need to wear a mask, practice social distancing and wash your hands.

The vaccine is a powerful prevention tool, but until the pandemic is under control, we must continue to take all prevention measures.

HD.INGHAM.ORG/Coronavirus

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