

What should I do if I have a new or unexplained rash?

MPOX (MONKEYPOX)

I noticed a new rash or blisters on my body and am unsure of their cause, what should I do to keep myself and others safe?

CONTACT A HEALTH CARE PROVIDER

Contact your primary care provider to discuss your symptoms and determine if further evaluation is necessary. Wear a mask when receiving services.

If you cannot see your primary care provider right away or do not have one, consider these options for care:

- Telemedicine services
- Urgent Care facilities
- Forest Community Health Center HIV/STI clinic-as availability allows

Be sure to tell the healthcare provider if you have had contact with a person with possible or confirmed mpox or were in an area where mpox has been reported.

PROTECT OTHERS

Until you've been seen by a healthcare provider and they've determined the cause of the rash or blisters, avoid close skin-to-skin contact with others, including sex or being intimate with anyone, to prevent further spread.

WHAT SHOULD I BE LOOKING FOR?

Mpox rash can look like pimples or blisters that appear on the face, inside the mouth, and on other parts of the body, like the hands, feet, chest, genitals, or anus. Visual examples of mpox rashes:

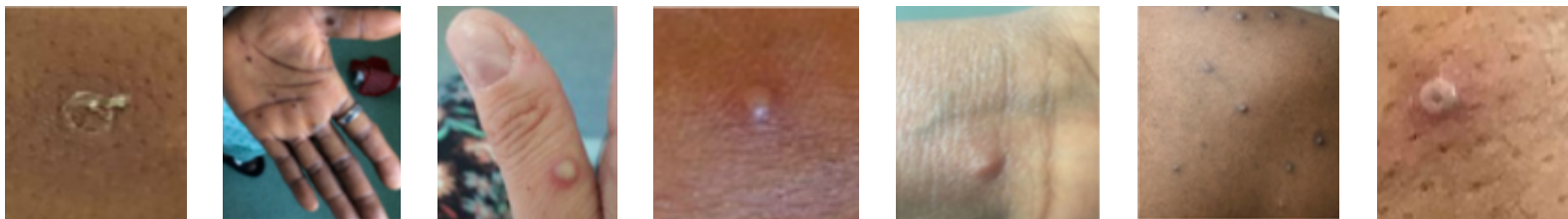


Photo credits: CDC

The risk to the general public is low however, anyone who has been in close contact with someone who has mpox can get the illness, regardless of gender or sexual orientation. Up to this point, most cases have been in men who have sex with men (MSM), but everyone should take precautions to prevent transmission.

For more information,

visit [CDC.gov/mpox](https://www.cdc.gov/mpox) or [Michigan.gov/MPV](https://www.michigan.gov/MPV).

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