

What should I do if I've been exposed?

MPOX (MONKEYPOX)

Someone close to me was diagnosed with mpox, what do I need to know to protect myself and others?

The risk to the general public is low however, anyone who has been in close contact with someone who has mpox can get the illness, regardless of gender or sexual orientation. Up to this point, most cases have been in men who have sex with men (MSM), but everyone should take precautions to prevent transmission.

What signs or symptoms should I monitor for?

You should monitor for the following symptoms after being exposed:

- Flu-like symptoms including fever, headache, muscle aches and backache, sore throat, cough, swollen lymph nodes, chills, or exhaustion.
- A rash on or near the genitals or anus but could also be on other areas like your hands, feet, chest, or face.

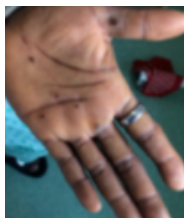


Photo Credits: CDC

Symptoms may begin up to 3 weeks after exposure to the virus.

You may experience all or only a few of the symptoms of mpox but most people will get a rash.

Mpox Vaccination

If you have been identified as an immediate contact to a mpox case or as someone who may have been exposed to a mpox case, you may be eligible to receive the vaccine.

Do I need to quarantine?

No, if you were exposed to or was identified as a contact of someone diagnosed with mpox, you do not need to quarantine. You should monitor yourself for symptoms of mpox for 3 weeks after exposure.



If you develop symptoms, contact your healthcare provider for further evaluation.

For more information about the outbreak, visit

[CDC.gov/mpox](https://www.cdc.gov/mpox) or [Michigan.gov/MPV](https://www.michigan.gov/MPV).

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