

GET THE FACTS ABOUT MPOX (MONKEYPOX)



If you think you may have been exposed, or if you have symptoms of mpox, avoid others (including pets) and contact your health care provider right away for evaluation and testing.

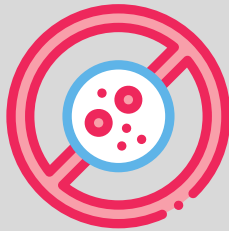
HOW DO YOU GET MPOX?

- Mpox does **not** spread easily.
- You can get mpox from close, skin-to-skin contact with a person who has mpox:
 - By touching the rash or scabs from mpox OR
 - From spit droplets during close conversation and kissing OR
- You can also get mpox from touching objects, fabrics or surfaces that have been used by someone with mpox.

HOW CAN I PROTECT MYSELF?



Get vaccinated if you are eligible



Avoid close, skin to skin contact with mpox rashes or sores



Talk to close, intimate contacts about recent rashes or sores, before engaging in any close contact



Avoid contact with materials, like bedding or clothing, that has been in contact with an infected person

CAN I GET VACCINATED?

The mpox vaccine is available to anyone who has been exposed to someone with mpox and/or anyone who thinks they may be at risk. Contact the Ingham County Health Department to learn more about vaccination.

WHAT ARE THE SYMPTOMS?

- Flu-like symptoms include fever, headache, muscle aches and backache, sore throat, cough, swollen lymph nodes, chills, or exhaustion.
- A rash on or near the genitals or anus but could also be on other areas like your hands, feet, chest, or face.

For more information, scan the code here, or visit [CDC.gov/mpox](https://www.cdc.gov/mpox) or [Michigan.gov/MPV](https://www.Michigan.gov/MPV) .

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