GET THE FACTS ABOUT MONKEYPOX

If you think you may have been exposed, or if you have symptoms of monkeypox, avoid others (including pets) and contact your health care provider right away for evaluation and testing.

HOW DO YOU GET MONKEYPOX?

- **Monkeypox does not spread easily.**
- You can get monkeypox from close, skin-to-skin contact with a person who has monkeypox:
  - By touching the rash or scabs from monkeypox OR
  - From spit droplets during close conversation and kissing OR
- You can also get monkeypox from touching objects, fabrics or surfaces that have been used by someone with monkeypox

HOW CAN I PROTECT MYSELF?

- Get vaccinated if you are eligible
- Avoid close, skin-to-skin contact with monkeypox rashes or sores
- Talk to close, intimate contacts about recent rashes or sores, before engaging in any close contact
- Avoid contact with materials, like bedding or clothing, that has been in contact with an infected person

CAN I GET VACCINATED?

Vaccination against monkeypox is currently available to people who have been exposed to monkeypox or at high risk for infection. Contact the Ingham County Health Department if you think you may be eligible for vaccination.

WHAT ARE THE SYMPTOMS?

- Flu-like symptoms include fever, headache, muscle aches and backache, sore throat, cough, swollen lymph nodes, chills, or exhaustion.
- A rash on or near the genitals or anus but could also be on other areas like your hands, feet, chest, or face.

For more information, scan the code here.

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