

**Meeting Summary
June 4, 2020 - Ingham Opioid Abuse Prevention Initiative (IOAPI)**

Meeting goal/purpose: reengage coalition members

Meeting attendees:

- Renold JeanLouis- ICHD
- Jessica Yorke- ICHD
- Tammy Maidlow- ICHD
- Sarah Kenney-ICHD
- Tracy Skinner- ICHD
- Darrick Miller- ICHD
- Da'Neese Wells- 55th District Court
- Phil Pavona- FAN
- Scott Hughes- Ingham County Prosecutor Office
- Joel Hoepfner- Community Mental Health
- Melea Bullock- Eaton RESA
- Deborah Smith- Wellness InX
- Nick DeMott- AmeriCorps VISTA and Rapid Response
- Jan Bidwell- Lansing PD

12:35 p.m. – 12: 50 p.m. - Welcome & Intros: Welcome, Ground Rules & Introductions – facilitated by Jessica Yorke. Following round-robin, Jessica explained to the group the purpose of the meeting is to touch base with everyone regarding what impact has COVID had on Substance Use Disorder (SUD). Jessica also led a brief discussion about being respectful and acknowledging issues of racism. She also mentioned that Ingham County Health Department Declaration on Racism and asked that IOAPI members continue thinking about what it would mean for IOAPI to do its work with a racial equity lens.

12:50 p.m. – 1:45 p.m. Renold JeanLouis facilitated/lead group in answering questions regarding the state of local SUD prevention, treatment and other resources and information

Question 1. What are you seeing or hearing in the community regarding Substance Use Disorder (SUD)?

Deborah Smith- In the hospital setting, more people are coming in with alcohol related issues. The feeling is that COVID 19 is exacerbating the situation. They are definitely seeing an uptake.

Deborah is also worried about her Recovery Coaches. They are experiencing stress and burn out. They are seeing an uptake from meth (over heroine I think).

Sarah Kenney- Recently at sobriety court, it was mentioned that there is an increase in meth use. At this time heroine is harder to get ahold of. The upside is there are more resources available online to help (FAN and online naloxone trainings). Here are the links for online help

<https://achcmi.org/training/narcan-training-save-a-life/>

<https://www.naloxoneforall.org/>

Phil Pavona- Due to COVID, the jails have been releasing a lot of people who were booked on non-violent offenses. Normally people who got caught with a substance would be put in jail and that give their body time to sober up but sine the jails are not booking them, these individuals don't get the chance to sober. ADAM is the drug testing agency but they were closed due to COVID and therefore, people were not getting drug tested and not placed in jail for positive testing and others were being released early. Meaning there were more people at home doing drugs and the families had to deal with them and see their child not get the help they need and that caused family members being increasingly more frustrated

Tammy Maidlow- Talked about the Substance Use Resource Guide and that the guide will provide detailed information/ description of the services provided by each program.

Question 2. What are your main concerns regarding SUD during this pandemic?

Jessica Yorke- mentioned shortage in therapists at this time, especially therapist who are persons of color. Jonathan Lawrence at ICHD is now offering therapy sessions, coaching for support. Here is the link to Jonathan Lawrence coaching and counseling services: <https://www.itsoktoheal.com/>

DeNeese Wells- people are being isolated, stressed out more and increasing their substance use. Meth was on the upswing before COVID 19. From a criminal justice perspective, testing agencies are opening and will be available to make things better. She also mentioned that we should recognize harm reduction as a responsibility.

Melea Bullock- She is seeing some reduction in use. She mentioned that substance use as a social thing so this could be a possibility for the reason of the reduction. She also mentioned being open to the positives in the experience when talking with others. Asking questions like, "What is this like for you...".

Question 3. Are there anything positive happening in or around your community?

Melea Bullock- mentioned she is noticing that the youth she works with in Ingham and Eaton Counties want to become more involved in creating a positive change in their community.

Joel Hoepfner - Community Health Support Line is doing a good job being a listening ear for those in need, people are really reaching out. 20% of the population do not know where they can get support/resources. He mentioned CMH free behavioral health Screening Tool; link is below along with the COVID support line phone number.

<https://screening.mentalhealthscreening.org/cei>.

CMHA-CEI COVID 19 Community Support Line - 517-237-7100, M-F 8:30-4:30. This is open to anyone.

Deb Smith- Mentioned they are continuing to do recovery group and 1 on 1's. She also mentioned Lifeboat is offering 2nd Saturday. She discussed that they did a blended FB/ Zoom meeting and had around 75 people attended but by morning, they had over 1000 hits.

Jan Bidwell had Lansing data from the LPD on opioid related OD's and deaths and provided an updated on opioid overdoses (OD) in Lansing for 2020:

March 17 (OD)

April 10 (OD)

May (20) with 2 opioid fatalities

June 5 (OD) so far

Sarah Kenney brought up that a reduced tolerance could also impact this when the community opens back up. Rapid response may also be important.

Nicholas (Nick) Demott - Rapid Response is a coalition of first responders and organizations that support entry into treatment for SUD individuals. The goal of the coalition is to facilitate entry of overdose patients into SUD treatment. When the participating first responders receive an overdose call and revive a patient, they have a conversation about the OD event and offer to connect the individual with supports to facilitate making a change. If interested, the patient is given a consent form to sign, and the first responder forwards the information to the support organizations.

1:45 p.m. – 2:00 p.m. Closing and next steps- We will continue to do Zoom meetings as listed below.

This means MOST 1st Thursdays from 11am – 12:30 p.m. (the time that everyone currently has on hold, which was decided through many consensus and voting sessions earlier in 2020).

Renold has continued to reach out to and re-confirm guest speakers, and if someone ends up not being available, the time will be used for community check-ins, information sharing and announcements.

PLEASE NOTE IOAPI WILL NOT MEET IN JULY.

Because the nature of Subcommittee work has changed/been delayed due to COVID-19, meeting dates previously planned for Subcommittee Work may be modified according to the preferences of IOAPI members.

Thursday, August 6, 2020 Subcommittee Work Session & Report Out
11am-12:30pm, Ingham County Human Services Building, 5303 S. Cedar St, Lansing
MI Entrance 3, Second Floor, Conference Room D&E

**Thursday, September 3, 2020 Member Updates & Guest Speakers on
Criminal Justice Reform (speakers TBA)**
11am-12:30pm, Ingham County Human Services Building, 5303 S. Cedar St, Lansing
MI Entrance 3, Second Floor, Conference Room C
*Member Updates; Guest Speakers TBA to speak on Hope Not Handcuffs and Building
Bridges project/initiative*

Thursday, October 1, 2020 Subcommittee Work Session & Report Out
11am-12:30pm, Ingham County Human Services Building, 5303 S. Cedar St, Lansing
MI Entrance 3, Second Floor, Conference Room A

**Thursday, November 5, 2020 Member Updates & Guest Speaker Melea
Bullock, MA, MS, LLPC**
11am-12:30pm, Ingham County Human Services Building, 5303 S. Cedar St, Lansing
MI Entrance 3, Second Floor, Conference Room A
*Member Updates; Guest Speaker Melea Bullock, MA, MS, LLPC, Prevention Specialist,
Ingham Substance Abuse Prevention (ISAP) Coalition*

**Thursday, December 3, 2020 Subcommittee Work Session &
2021 IOAPI Preferences Dialogue**
11am-12:30pm, Ingham County Human Services Building, 5303 S. Cedar St, Lansing
MI Entrance 3, Second Floor, Conference Room C