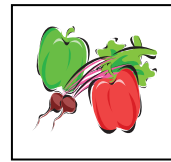




GROUP REMINDER  
 “Guide to Healthy Living”  
 The next group will be held on



\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_  
 Day of Week                      Month                      Date                      Year

The topic will be:

\_\_\_\_\_

If you cannot attend this group, please contact:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_



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