

Realities

- ◆ Every day 2,500 kids in the nation abuse prescription drugs just to get high
- ◆ Over 80% of prescription medications come from family members or friends through stealing, borrowing or buying
- ◆ Being on pills is difficult to detect
- ◆ Pills are reported to be the easiest mood-altering drug of youth, ages 12 and up
- ◆ Since pills are prescription medications, youth mistakenly believe that pills are less risky than alcohol, marijuana or street-drugs



Signs & Risks

- ◆ Male or Female, age 16-26
- ◆ Access to loans, credit cards and valuables that can be sold for cash
- ◆ Change in behavior, sleep and appearance
- ◆ Change in school attendance and grades
- ◆ History of accident, injury or trauma
- ◆ History of alcohol use
- ◆ Lost Time

Program Resources

If you know anyone that has a drug or addiction problem, reaching out is the first step

◆ Friends and Family Support Group

Facilitated by a therapist; Thursdays from 6-8pm at
National Council on Alcoholism / Lansing
Regional Area
3400 S. Cedar Street, Lansing; Suite 200
info@ncalra.com or (517) 887.0226

◆ Families Against Narcotics (FAN)

All Welcome; 4th Tuesday of each Month from
7-8:30pm at University Lutheran Church
1020 S. Harrison Road, East Lansing, MI
Okemos@familiesagainstnarcotics.org or
(517) 898.3236



MASON-CAPITAL AREA
PRESCRIPTION DRUG TASK
FORCE



Mason-Capital Area Prescription Drug Task Force

Keeping our community safe



MONTHLY MEETINGS
HOSTED AT
MASON CITY HALL
MASON, MICHIGAN

Contact: Amy Moore
Phone: (517) 887.4312
Email: amoores@ingham.org

Assessment & Resources

Why Prescription Drugs?

- ◆ Taking prescription drugs that are not prescribed to you is considered prescription drug abuse
- ◆ In the last 10 years, prescription drug abuse has become more common among youth across the country
- ◆ In the Capital Area, our youth are accessing and abusing prescription drugs
- ◆ Teens in the Capital Area report they know youth that buy Adderall to take during finals week
- ◆ Youth report opioid pills / pain killers, are easier to obtain than alcohol
- ◆ Taking pills with alcohol has caused unintended teen deaths throughout the Capital Area
- ◆ Taking pain pills, snorting pain pills and/or injecting crushed pain pills is known to lead to heroin addiction



In Your Home

Please take the following precautions to reduce your household contribution to theft, addiction and/or prescription drug abuse. To avoid theft and pollution:

- ◆ Secure all current prescription medications in a lock-box or locked, private room
- ◆ Keep a list of all medications
- ◆ If you have children in your home - count pills weekly; One Adderall sells for \$10
- ◆ Properly dispose of all unwanted, unused or expired medications www.takebackmeds.org
- ◆ Properly destroy unneeded personal medical information: shred outdated medical records and black-out personal information on prescription bottles
- ◆ If you know or suspect that medications are missing contact non-emergency police and report the crime

In Your Community

Support your community through awareness and advocacy.

- ◆ Report suspected prescribers to the State of Michigan Licensing And Regulatory Affairs. Call and request an “Allegation Form” by calling: (517) 373.9196
- ◆ Become a partner with the Mason-Capital Area Prescription Drug Task Force
- ◆ Contact the Task Force to request materials, speakers and information for your Professional Group, Worksite, Community or School
- ◆ Talk about it - Prescription Drug Abuse is new and there is a lot for us all to learn as we address this new problem

Model Prevention

The Capital Area approaches risks and protections through research-based proven programs. These programs guide individuals towards the right step.

- ◆ Drug Treatment
- ◆ Ingham County Community Plan of Care Committee
- ◆ Ingham County Drug Court
- ◆ Ingham Substance Abuse Prevention Coalition
- ◆ Teen Court
- ◆ Trained Law Enforcement



MASON-CAPITAL AREA PRESCRIPTION DRUG TASK FORCE

The Mason-Capital Area Prescription Drug Task Force mission is to raise awareness of our country's fastest growing narcotic problem, prescription drug abuse. Through networking with medical professionals, legislators, public safety, courts, civic groups, schools, families and friends we are advocating prescription medication practices that enhance family and community safety.